

Weekly Meditation by Rev. Teri Lubbers
June 1, 2011

Permission To Shine

Let the light of your being, the consciousness of knowing your real Self, radiate and illuminate the human beings you find before you, as well as the community of voices you find within. ~ Neil Douglas-Klotz, "Blessings of the Cosmos"

The quote above is a translation from the Aramaic of the gospel phrase, "Let your light shine before men." I will probably meditate on it for the rest of the week and even then won't begin to fathom it because it makes me ask questions. I have light in me? Light radiates from me to others? Do I live consciously? Would I recognize my real Self if I passed her on the street? Which voices in me are hungry for more light?

Shining is the nature of light ... the sun comes up in the morning and its light reveals a landscape previously shrouded in darkness. Shining is what light does. It reveals what is hidden. It makes color possible. It makes things grow. There is light in you. There is light in me. The question isn't whether light is in us or how we find it. It's already here. The question is whether or not we will let it shine. Whether we will quit covering it up and pretending it doesn't exist, or believing that it exists in someone else but not us. The children's song we sing each Sunday is good advice: "This little light of mine...I'm gonna let it shine." Whose permission do you need to shine? Whose invitation? You have both already.

Prayer: Beloved, sometimes I stumble around in the dark. Shine your light on me, in me and all around me. Help me radiate that light today in all the places I go. Illuminate the parts of me that still live in the dark. Amen.