



## Agape MCC Weekly News

May 13 2009

### UPCOMING EVENTS

#### **Wed May 13:**

6pm Back Pack Ministry-  
Food Bank

7pm Membership Class

7pm Discernment Class

#### **Thu May 14:**

7pm Spiritual Road  
Training

#### **Sat May 16:**

9:30am Discernment  
Class

7:30pm Elizabeth Wills  
Concert

#### **Sun May 17:**

10:30am Worship

Discernment Mtg (after  
worship service)

#### **Jun 11-14:**

Camp Rosales for kids

### MAY STATS-

**05/03**

Attendance- 130

Offering-\$3,222

### **MEMBERSHIP CLASS TONIGHT- WED. May 13**

Interested in becoming a member of Agape MCC or learning more about our church and denomination? Then join Rev. David Wynn at **7pm tonight, Wednesday, May 13.**

*Hope to see you there!*

### **HEART & SOUL COFFEE HOUSE PRESENTS**



## **ELIZABETH WILLS**

*Singer, Songwriter, Guitarist  
Painting Through Music*

**Saturday - May 16, 2009**

**7:30pm**

*Opening Act - David Wilson*

get more information at:

<http://www.opendoorproductionstx.com/default.htm>

### **WEEKLY MEDITATION - May 13**

by Rev. Teri Lubbers

#### **Who Are You? Discernment Continued...**

*Trusting our ultimate full name in God helps to free us from becoming enslaved and limited by any names given us by others, or by ourselves. Such freedom in turn weakens our tendency to ultimately protect, justify, and identify with these self-images.*

*Then the self-images become free to find their sane place in our functional daily living as transparencies, icons of our larger identity and purpose in God. -*

Tilden Edwards, Living in the Presence

Who are you? If I were to answer this question I might

**05/10**

Attendance- 90

Offering- \$1,982

**Monthly Tithing Target:  
\$11,790**

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say things like: mother, daughter, sister, aunt, lover, teacher, chaplain, mystic, seeker, writer. The world around us encourages us to adopt labels and images and then define ourselves and others by them. Pretty soon we are identifying with labels instead of our truest selves. We build walls with them and then hide out - from ourselves, from each other, from God.

As our church moves through this process of discernment and seeking guidance from Spirit, we begin first with ourselves. To know who we are as church, it helps to know who we are as individuals. So as you keep a journal over these next weeks consider and reflect on some of these questions:

- Who am I?
- Who is God calling me to be?
- Where am I stuck, afraid, uncertain or insecure?
- What am I holding onto that I need to let go of?
- What do I long for?

At the end of each day spend some time reflecting on one or two these questions:

- For what moment today am I most grateful?  
What moment least grateful?
- When did I give and receive the most love today? When the least love?
- What was the most life-giving part of my day?  
The most life-thwarting?
- When did I feel most connected with God, others and myself? When least connected?
- When was I aware of living in the Spirit? When was I aware of absence of Spirit?

Whatever comes up, invite Spirit into it, remembering that you are loved, that you are more than your self-images and that God is calling you into transparency and freedom.

If you were away this past Sunday, I want to let you know that we have scheduled times to start our small groups for the discernment process and your presence is vital. Small groups will meet for about an hour at the church and will engage in prayer, reflection and interaction as we seek direction. You are invited to come to one of three groups - call the church or just show up:

- Wednesday, May 13, 7:00 p.m.
- Saturday, May 16, 9:30 a.m.

- Sunday, May 17, after church (probably about 12:30)

Last week I asked you to reflect on Psalm 139 and Romans 12. This week please reflect on Romans 14.

**Prayer:** *Spirit, open my heart to know the self-images that are obstacles in my life. Free me from old conditioning and thinking that I may see with new eyes and new heart what you wish to bring into my life and into the life of our church. Amen.*

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### GLBT WEDDING & ANNIVERSARY EXPO

**What:** [Annual GLBT Wedding & Anniversary EXPO](#)

**Show Date:**

Sunday, May 17, 2009 | Noon - 4:00 P.M.

**Where:** Salon Las Americas in Historic Oak Cliff, 1004 Ft. Worth Ave, Dallas, TX

**Admission:** \$10

[Click here to order your tickets online!](#)

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### PICK UP THE PHONE...& raise funds for Agape!



Call the Kudlac Insurance Agency at 817-656-0885. Identify yourself as a member or friend of Agape MCC and ask for an insurance quote: home, auto, renters, life, etc.

**Agape MCC will receive a \$25 check  
for your inquiry.**

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### FREE WELLNESS GATHERING- MAY 26

Do you ever feel drained, worn-out, agitated, or restless after spending time with a certain person or in a certain situation? Do you have a tendency to go and go until you drop? Are you often dealing with small yet consistent aches or pains - including migraines and sinus issues? Come learn how caring for yourself energetically can benefit your overall wellness and quality of life.

May 26 - "Beyond Shielding: The Energetics of Self Care" Free Wellness Gathering at MoveStudio's MoveU on Tuesday, May 26 at 7pm, 17062 Preston

Road Suite 108, Dallas, TX 75248. Their phone number is 972.732.0206. Facilitator, Shaman Lynn Wolf.

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### **PRAISES!**

- For Linda, Kris, Roseanna, and Marsha who painted the rest rooms in the Fellowship Hall
  - For Ms. Billie welcoming folks at the name tag table
  - For Ray (Daddy) and all the Driving Ms. Billie team who make sure Ms. Billie arrives to church safely
  - For Kris and Deb and all they do with Would Jesus Descriminate
  - For Lisa O. who makes Spirit Road happen
  - For Sarah and Robert who have given the gift of Camp Rosales
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### **PRAYERS**

- Lisa D.'s mother, Margaret, who fell while out of state and suffered injuries- for healing.
- Continued healing for Rev. Gina after her shoulder surgery last week.
- For Mickey
- For Willie and his moms
- Continued healing for Shawn
- For Evelyn's daughter, Sherre and an upcoming doctor's appointment
- For Dawn
- For discernment

**Our Mission-** With open hearts, open minds, and open arms, Agape' MCC is a nurturing faith community seeking God's will by celebrating inclusive worship, redefining family, and providing a voice for justice.

**Our Core Values-** We believe that a sacred space: Welcomes and affirms all people; Does not "stand idly by" in the face of inequity and injustice; Communicates the unconditional love of God for all; Improves the spiritual connections between each person and God as she or he understands God.