

Weekly Meditation, February 17, 2010

By Rev. Teri Lubbers

Ash Wednesday

So now it is in the depths of me you search to find the truth, for at the core of being itself it must be found. Teach me inwardly, I pray... Then create within my depths a heart that's clean and a spirit renewed, restored, set right again in you.

~Psalm 51:6-8, 10 "Ancient Songs Sung Anew" translated by Lynn C. Bauman

I always thought that it was my job to search for the truth, the truth about God, the truth about the world, the truth about myself. And ever since I was a teenager I have really looked hard into every nook and cranny, every book I could get my hands on, every spiritual tradition I came across and learn about. I guess I thought maybe God was playing hard to get. (Or maybe I didn't want God so much as I just wanted the reassurance and affirmation that I was on the right track and that what I believed was true...)

I think it is good to have a seeker's heart. Jesus taught that if we seek we will find. But you know, God isn't hiding. In fact God is right here, searching for the truth in us. God is digging down to the depths of us, seeking out the very core of our being, where God truly resides.

Today is Ash Wednesday, the beginning of Lent. It's a time to let go of stuff that doesn't help anymore. It's an opportunity to be self-reflective, to get out of our own way, and to get out of God's way. It's kind of like a do-over, one of many renewals and restorations back to our true selves, back to the One who loves us, back to the center.

Prayer: God, search me and know me, and help me to know you, and not just the security and assurance you give to my life. Free me up at the very depths of my being so that I may always be aware of your presence, that all I do might come from my connection to you as the Source of all things. Amen.