



Agape' MCC Newsletter

July 21 2010

Upcoming Events

Thu July 22:

7pm Spirit Road- R.A.K. Night Out - Barnes & Noble Cafe, Parks Mall Arlington

Fri July 23:

6pm Samaritan House Supper Club

Sun July 25:

10:30am Worship Service
11:45am Meet, Greet and Eat

Thu July 29:

No Spirit Road - night off

July Statistics

07/04:

Attendance: 93
Offering: \$1,270

07/11:

Attendance: 95
Offering: \$6,241

07/18:

Attendance: 103
Offering: \$1,377

07/25:

Attendance:
Offering: \$

Need a Book? A Bible? A Music CD?

Shop Online at Your Agape' MCC Bookstore. Save 20% on most items & get 5% back for our church.

Spirit Road

Summer Fun 2010

This Thursday, July 22: R.A.K. Night Out - Random Acts of Kindness -

This Thursday will be at the Barnes and Noble Cafe at The Parks Mall (Cooper and I-20 in Arlington). We will meet, have coffee, hang out and be out in the community. Come join us!



The rest of the summer's schedule goes something like this:

1st Thursday

(Aug 5) - **Meditation and Reflection Night** led by Lynn Wolf

2nd Thursday (Aug 12) - **Media Night**...we will show a movie, documentary or TV show with spiritual meaning and discussion to follow (some of these nights may begin earlier or go a little later! We'll let you know)

3rd Thursday (Aug 19) - **R.A.P. Night = Rhythm. Art. Poetry**. Share your fave song, play your guitar, work on your art project, read a poem.

4th Thursday (Aug 26) - **R.A.K. Night Out - Random Acts of Kindness** ~ meets ~ Sundance Square, Museum exhibit, Starbucks game night ...details to come!

Rev. Elder Lillie Brock speaking this Sunday

Our Special Guest

Rev. Elder Lillie Brock will be our guest speaker **this Sunday, July 25**, during the morning worship service. Please come and welcome our Regional Elder.



Then stay for lunch - it is our monthly **Meet, Greet and Eat** event after service - coordinated this month by Mark and Michael. **Donations:** \$5 per person for regular attendees and members / Our guests eat for free. See you there!

Meditation July 21

by Rev. Teri Lubbers

Link on our
[Virtual Store Link](#)

Our Sponsors:

Shari Beers

Obrien Real Estate Group

817-996-1631

beershomes@gmail.com

www.Beers-Homes.com

Janna Brown, Master Photographer

J3 Photographics

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Resolve Conflict, LLC

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PICK UP THE PHONE...

& raise funds for Agape'!

Call the Kudlac Insurance
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Identify yourself as a member
or friend of Agape' MCC and
ask for an insurance quote:
home, auto, renters, life, etc.

**Agape' MCC will receive a
\$25 check**

for your inquiry.

Contact Us At:

www.agapemcc.com

817-535-5002

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Real Work

If you want to do real work give your whole heart to it. Nothing happens just by talking. A drop of water inside the house is better than a gushing river outside. ~ Rumi: Hidden Music



We are multi-layered people. We have dreams and aspirations that flow in so many directions: relationships with family, children, partners, friends, church, work, organizations, the wider world. And although I am connected to an infinite Source, I am a finite being who can only stay awake so many hours a day, and in those waking hours can only get so much done. I talk about a lot of things, but when it comes right down to it I can only give my whole heart to a very, very few.

I chafe against this reality and as a consequence I spend a lot of time talking. Talking, talking, talking. Talking of grandiose schemes and things I wish were true in the world. Talking, talking, talking. Finding people who agree with me and talking some more. And sometimes the talking makes me feel better, makes me feel like I am really on to something, like I have really accomplished something. But mere talking doesn't impact the world.

I wonder what would happen if instead of talking about the ten thousand things, I focused my energy on just one or two things and gave myself wholly to them. It's true, there is a gushing river right outside the door. The question, I guess, is whether we will take our little cup and dip it into the stream, take a sip, offer it to someone else who is thirsty. Or will we be content to sit at the window and watch the river flow?

Prayer: Beloved, let me do one thing today with my whole heart. It doesn't have to be anything big. Just let me do one little thing. Help me to listen more than I talk. Allow me to offer a cup of cold water to one thirsty person today. Amen.

New Bubb Fundraising Program

Recycle for Agape'

Bubb Fundraising provides innovative fundraising solutions for non-profit organizations. Bubb's recycling program provides a simple, highly profitable, environmentally friendly on-going fundraiser. Their partners currently recycle over 100 different item types.

Agape' is starting to collect items for a Bubb Fundraising Drive. Click [here](#) to see the items you may donate for the church fundraiser. Any questions? Contact Stacy Jones at:

stacy_j9@yahoo.com or Jimmy Marshall at 682-583-8374.

Pride Week 2010

Set for Oct 3 - Oct 9, 2010

We will be building a float for the Parade this year, as well as getting ready for the Picnic and Parade activities. We are also taking the gift shop to the Pride Festival in Dallas in September this year and will be announcing a gift shop committee meeting soon.



To find out more info about Tarrant Pride Week, go to <http://www.tcgpw.org/> . If you are interested in working on one of our teams, contact Stacy Jones at stacy_j9@yahoo.com.

Tarrant County Rainbow Room

Backpacks for Foster Children

Agape' will once again be providing backpacks for foster children in Tarrant County. CPS needs approximately 700 backpacks and our goal is to provide 200. We are collecting funds to purchase backpacks at a wholesale price of \$5.



Please make checks payable to Agape' and note "CPS backpacks" on the memo line on your check. We will be **collecting money through Sunday, August 1**. The order needs to be placed on August 2 to ensure that the backpacks arrive and are filled with supplies before school starts. Thanks to all who support this important ministry!

Coming Up at Agape' in Worship

by Rev.David Wynn

As we are making the downhill slide out of Summer...albeit it is a gradual slope...we look forward to the rhythms that come as we go back to school, come home from vacations, and eagerly await the cooler breezes that eventually come to us here in Texas. So plan to be part of our communal worship as a way to stay connected in your larger spiritual journeys.



Beginning August 1st, we will spend the month immersed in "The Prayer of Jesus". We will linger over how Jesus taught us to pray and how embodying this prayer and way of being in the world builds relationship to God, to each other and to ourselves.

August 1 - "ABBA"

August 8 - "On Earth as it is in Heaven"

August 15 - "Give Us this Day"

August 22 - "As We Forgive"

August 29 - "Deliver Us"

Beginning in September "The Leading Causes of Life...it is possible to live a life that is ABOUT LIFE!"

The Journey at Agape'

A Spiritual Development Cycle

Beginning in September, Agape' MCC will be offering a spiritual development cycle called **The Journey**. The purpose of this series of classes and experiences will be to help us each to discern where we are spiritually and understand where we would like to be and then to equip each person to create their own Rule of Life... a planned rhythm for living in which we are gradually transformed into Christlikeness. We understand as people who follow Christ that all parts of our lives teach us and mold us. While we come together on Sundays to celebrate the work of the people and to worship God, that is only one location on the spiritual map. To really grow spiritually, we must also be intentional about the rest of our lives and engage those things that lead us to centeredness, wholeness, authenticity, service and deep love of Spirit, neighbor, and self. So mark your calendars!



Spiritual Gifts led by Mary Cantrell
(who is completing her year of clergy internship at Agape')

Wednesday, September 1, 7 to 8:30 p.m. Social Hall
Wednesday, September 15, 7 to 8:30 p.m. Social Hall
(sign up in August- inventory to complete before time)

Spiritual Types led by Jenny Cureton, LPC
Wednesday, October 6, 7 to 8:30 p.m. Social Hall
Wednesday, October 20, 7 to 8:30 p.m. Social Hall
(pre-assessment to be completed online in September)

Benedictine Spirituality led by Rev. Teri Lubbers
Wednesday, November 3, 7 to 8:30 p.m. Social Hall
Wednesday, November 17, 7 to 8:30 p.m. Social Hall

Shaman Class To Be Offered

A Spirit Moon Workshop

Explore personal healing, transformation and empowerment from a shamanic perspective in a small community setting. Learn about the three worlds of the shaman, the healing attributes of the directions on the medicine wheel and the elements of nature, and learn how to integrate shamanic techniques into your spiritual practice and day-to-day life.



Basic Shamanic Techniques

for Personal Healing and Transformation
Saturday and Sunday, August 7 and 8
from 10am-5pm both days
Meeting Saturday at Agape' MCC, Sunday meeting
TBA

\$75 workshop fee

This workshop series will be held in Fort Worth at Agape' MCC. Register by contacting Lynn
(workshops@turtlemedicine.net or 214-868-2049)

or by sending workshop fee via PayPal
(workshops@turtlemedicine.net) by Monday, July 26
Cash and checks are acceptable as well.

**Register by Monday, July 26 to reserve your place in
the workshop.**

Workshop is limited to 12 participants.

Helping Hands

Prescription Assistance Program for Low Income Seniors

Two of our members wish to pass
on a recommendation for this Prescription
Assistance Program for low income seniors.



From Mark and Billy: "Tony is a wonderful
person and can help explain everything in complete detail.
Mark's sister has signed up for Helping Hands and is saving
a lot of money on her and her husband's medications.
Thought I would pass this along - Tony will come to their
home or we may be able to set up a meeting for the
church if you see interest in this."

"HELPING HANDS"

TONY BARTOK OFFICE (972)420-0424 OR

TONY'S NUMBER IS 214-607-8657

650 S. EDMONDS LN #108 LEWISVILLE, TX 75067

Prayers

- Rev. George Allen- pacemaker procedure.
- Tinker- and continued healing for her knee.
- Carol S.- for medical procedure.
- Continued prayers for healing for Jenn's mom and
prayers for her father.
- Carol's dad- for healing.
- Officer Funk, his wife and family- peace of God.
- Carlos- a friend of Ray's.
- Lee- Jamie's partner - family concerns.
- Prayers for a child whose family is in transition and
who is struggling.
- Those who have lost pets.
- Sister in need of direction.
- Financial needs.
- Prayers for our Board as they continue to lead us
into being all we can be.

Praises

- Loretta's 90th birthday!
- Those bringing food to share with Tarrant County
Food Bank and AIDS Outreach.
- For those who live out their calling so powerfully
among us.
- For those who reach out when the Spirit nudges.

- Thanks to Grace and Linda sharing birthday cake with their Agape' family.
- Billy S.- who always shows up.
- Carlos Z.- thank you for the business cards!
- Rayne R.- for her sweet spirit.
- Stacy J.- work with fundraising.
- Evelyn B.- for her willingness.
- For those who share their homes.
- For those our communion servers and holders on Sunday- thank you for your ministry.
- All who offer hospitality.
- Blessings to Thank God For Music (TGFM) and the wonderful music they are bringing to us.
- Praises to everyone who just does without being asked.
- Praises for the Pride Shop and its outreach.

Our Mission - With open hearts, open minds, and open arms, Agape' MCC is a nurturing faith community seeking God's will by celebrating inclusive worship, redefining family, and providing a voice for justice.

Our Core Values - We believe that a sacred space: Welcomes and affirms all people; Does not "stand idly by" in the face of inequity and injustice; Communicates the unconditional love of God for all; Improves the spiritual connections between each person and God as she or he understands God.