



Agape' MCC Newsletter

February 16 2010

Upcoming Events

Wed February 16:

7-8:30pm Study- A Hidden Wholeness

Sat February 19:

7:30pm OpenDoor Production: The Sirens in the Woods

Sun February 20:

10:30 Worship Sve

11:50am Town Hall Meeting

Mon February 21:

5:30 Worship Team Mtg

Wed February 23:

7-8:30pm Study- A Hidden Wholeness

Fri February 25:

5:30pm Samaritan House Supper Club

Sun February 27:

Meet, Greet & Eat (after morning worship)

Sat March 12:

10am-2pm Agape' Healing Touch Outreach

February Statistics

02/06:

Attendance: 120

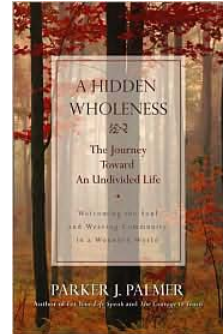
Offering: \$2,831

02/13:

New Study Starts Tonight Feb 16

A Hidden Wholeness

Please join Rev. David tonight, **Wed. Feb. 16 from 7-8:30pm** in the social hall as we explore the teachings of Parker Palmer on how to become individuals and a community who take seriously the role of the soul in our movement in the world and within our spiritual communities. We will learn how to be welcoming and hospitable to our souls and the souls of others.



One reviewer has said "**Hidden Wholeness** is a rich and accessible resource for all who want to nurture their souls in community."

The study continues on **Wednesday February 23.**

Next OpenDoor Show- Feb 19

Click here for ticket info: [The Sirens in the Woods](#)



Weekly Meditation

by Rev. Teri Lubbers

Attendance: 119

Offering: \$2,670

Need a Book? A Bible? A Music CD?

Shop Online at Your Agape' MCC Bookstore. Save 20% on most items & get 5% back for our church.

Link on our

[Virtual Store Link](#)

Business Directory:

Shari Beers
Obrien Real Estate
Group

817-996-1631

beershomes@gmail.com

www.Beers-Homes.com

Janna Brown, Master
Photographer

[J3 Photographics](#)

817-657-9882

janna.brown@sbcglobal.net

To add your business or service here, contact:

news@agapemcc.com

Contact Us At:

www.agapemcc.com

817-535-5002

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In Rhythm

Rhythm is the secret key to balance and belonging. This will not collapse into false contentment or passivity. It is the rhythm of a dynamic equilibrium, a readiness of spirit, a poise that is not self-centered. This sense of rhythm is ancient. All life came out of the ocean; each one of us comes out of the waters of the womb; the ebb and flow of the tides is alive in the ebb and flow of our breathing. When you are in rhythm with your nature, nothing destructive can touch you. Providence is at one with you; it minds you and brings you to your new horizons. To be spiritual is to be in rhythm.

~ John O'Donohue, "Anam Cara: A Book of Celtic Wisdom"



We live with a variety of rhythms...not all of them conducive to our wholeness and wellbeing. I read once that our hearts try to get in rhythm and beat at the pace of the things around us. But we are surrounded with machines and things that move at a pace much faster than is good for us. Our poor hearts cannot beat fast enough to keep up. We live with inordinate amounts of stress. We ignore the basic needs of our bodies for sleep, for rest, for good food, for "down time." We impose on ourselves with electric lights that allow us to stay up too long past the setting sun, coupled with alarm clocks which will wake us before we are fully rested.

One of the reasons we often feel soothed when out in the presence of the natural world is that, for those moments, we feel the pulse of a more natural rhythm, a pace that is more in sync with the ancient of which we are a part. If we would waken our spirits, if we would walk with wholeness, it will happen only when we are intentional about finding balance, belonging, and the natural rhythms of our lives. Sometimes it feels like a daunting task but the Spirit is always seeking us, calling us into a deeper equilibrium which will allow what is in us to set our pace, rather than allowing what lies outside of us to force us into conformity and the mediocrity of automatic living. Poke a hole in old habits today and feel the ebb and flow that is moving right below the surface of your life.

Prayer: Beloved, the rhythm of your heart sets the pace of all things. Help me to find that pulse in my own life today. May I honor and value what is in me and not get so overwhelmed with this busy world that I forget the deeper rhythm of my life. Amen.

We Need Your Feedback

Survey Says!

Last year, we participated in a size summit survey conducted by MCC. The denomination would like our congregation to complete a follow-up feedback form (survey) this year. Please take a few minutes to complete this online survey at: <http://www.surveymonkey.com/s/KYZNMWD>



We appreciate your help! Paper survey forms will be available for congregants with no Internet access this Sunday at church.

Next Town Hall Meeting

Coming Sunday, Feb 20

Your Board of Directors will be hosting a **town hall meeting on February 20** following morning worship to give you a complete update on our upcoming remodeling and updating of our sanctuary as well as some additional conversation regarding future events for this exciting year. There will also be a time to field any questions you might have. Come join us!!!



Can You Help In February?

Transportation Needed During Workshop

The MCC Denominational Workshop for **Intentional Interim Ministry Training** will be held at Agape' MCC **February 24-26**. We have received a request from the organizers to provide transportation to and from the airport before and after the workshop.



If you are willing to help us transport workshop attendees, please contact Rev. David Wynn at revwynn@yahoo.com.

Annual Chili & Brownie Cook-Off!

Coming Soon - Feb 27

Yee-haw! It's that time of year... the annual Agape' MCC Chili Cook-Off: great competition, great food and great fun!



We have 1st, 2nd and 3rd place winners in the categories of Best Chili and Best Brownies. Winners are chosen by the number of "votes" (in the form of dollars) raised by those tasting the entries. The winners will be the entries in each category raising the highest amount of money by the end of the contest.

The Chili & Brownie Cook-Off is an annual Fun and Fundraising activity at Agape'. It takes place on **Sunday, Feb 27 after service**. Registration forms are now available in the church lobby. Need more info? **Talk to Rusty Cuniff for more details.**

Agape' Healing Touch Outreach

Beginning March 12

We are taking the word "outreach" literally here in the form of offering our hands to you. Beginning Saturday, March 12th, from 10 am until 2 pm, practitioners of energy healing will be available in the Social Hall.



You are invited to come and experience a session without charge. Your privacy will be respected and Ministers of Community Care will be offering support as well.

Our goal is to assist you with your quest for wholeness and balance. Come with an open mind and a trusting heart.

Community Bulletin Board

Place Your Ads or Items for Sale Here

From Zac Edwards - My choir is going to New Orleans, Louisiana, April 14-17. It costs \$475 not including the deposit I have already paid. It will be my last trip with my choir both as a senior and as president. I am willing to "loan myself out" for days that fit both our schedules and work for people in return for help financially. I can be contacted either in person, via **email** (Zac_Edwards@yahoo.com) or over the phone **817-724-4477**.



From Denise LaRae - As many of you know I am in **Massage Therapy** school at ATI in Dallas. I am set to finish my classes Feb 17...but I have to massage 40 clients before then. There seems to be a scarcity of clients right now and I'm very afraid that this is going to delay my graduation. Sooooo...if anyone would like a **50 minute massage** and can drive to Dallas...**2998 Stemmons Freeway...at the Inwood exit...**the cost is **\$30**. The number to call and **schedule massages is 214-989-3001. Just ask for Denise**. I do massages from 9 am to 3 pm Tuesday, Thursday, Friday and Saturday...and will make special appointments (**call me personally at 479-285-9899**) on weeknights after 4:00 pm if needed.

South Arlington home for rent - with fireplace, 4

bedrooms, 2 full size bathrooms and 2 sky lights in living room with a double car garage. The back yard is a good size and enclosed by a six foot chain linked fence. The living space in the home is approx. **1,400 square feet.** Good school district: Ditto Elementary, Young Jr. High and Martin High School. Not far from the major highways 1-20 and 1-30. The rent **\$950.00** - very competitive with what homes in this area are renting for. I am putting it up for rent because my mother is ill and I am having to move in with her on short notice. **I can be reached at the following number 817-449-9541 and ask for Dianne.**

2011 Out & Equal Workshop

Award Nominations & Summit Workshop Proposals

Thursday, February 24, 2011 - 2 pm CST

One hour in length | No cost |

This upcoming webinar will discuss the processes and criteria for submitting workshop proposals for the 2011 Out & Workplace Summit, October 25-18th in Dallas TX, and for nominations for the 2011 Out & Equal Workplace Awards (the "Outies").

This year, workshop proposals and award nominations will be accepted through a new platform called ProposalSpace.com, an application that will provide a more robust process for creating and evaluating submissions. Members of the Out & Equal staff will walk through the features of the platform and answer questions about what steps you should consider to increase the chances of your submission being successful. We will also give an overview of and answer questions about the revised program schedule for this year's Summit, as well as discuss opportunities for event sponsorship.

Everyone interested in submitting workshop proposals or award nominations - or learning more about the Out & Equal Workplace Summit in general -- is encouraged to be on the call.

Register [here](#) today.

Please note that the deadline for submitting 2011 Out & Equal Workplace Summit workshop proposals and Outie Award nominations is April 30th.

Prayers

- Stephanie L. and her continued healing journey... prayers for her upcoming treatment.
- Maribele T. and her heart cath.
- Nora and her medical test.
- Alisa R. and breathing issues.
- Gail G. continued healing.
- Candy D. waiting to hear news and healing for the body.
- Linda's dad Sam, healing from pneumonia.

- Aubrey and Aiden.
- Renny's health and her partner Rhonda.
- Skye and his journey of learning.
- Skye's clients at AIDS Outreach and their healing journeys.
- All who are grieving loss.
- All negotiating shifting relationships.
- For our upcoming repairs and updates to church and sanctuary.

God, hear our prayers.

Praises

- Linda and Danielle and their children Kendra and Vanessa.
- Nick Busken- our new Board Member.
- Steph.- who is connected.
- Cassy B. and ALL she does in our community.
- Billy S.- who makes it happen.
- Kevin H's. Snoopy cake on Sunday.
- Rusty- the master of Snoopy cakes.
- Gail G.- up and about and healing.
- Rosanna and Jessica- helping transport the pastors.
- For a very successful meeting of Fort Worth STEPS.
- For Lee, Jamie, and Paul's leadership with Fort Worth STEPS.
- For a community who believes.

Blessed are those who put their trust in God.

Psalms 40:4

Our Mission - With open hearts, open minds, and open arms, Agape' MCC is a nurturing faith community seeking God's will by celebrating inclusive worship, redefining family, and providing a voice for justice.

Our Core Values - We believe that a sacred space: Welcomes and affirms all people; Does not "stand idly by" in the face of inequity and injustice; Communicates the unconditional love of God for all; Improves the spiritual connections between each person and God as she or he understands God.