

Weekly Meditation by Kathy Munn

It's a Miracle

There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle. - Albert Einstein

"You only live once, but if you do it right, once is enough." - Mae West

I recently drove home to see my mom, who is recovering from a case of shingles (but that's another story). When asked where Bay City, Texas is and the route I take to drive home, I usually comment by saying, "You can't get there from here."

Let's just say that trip involves a couple of interstate highways, some state roads, and county (farm to market) roads. And I get to drive through a lot of small-town-Texas! The trip takes at least five hours and gives me a lot of think time... even when I don't expect it.

I'll think about what I've been doing at work, at church, with friends and family. I'll sometimes take favorite well polished, well worn memories down from my mind's shelf and look, touch and feel them again. And sometimes I even review the regrets, the painful experiences that are also a part of my life - like touching a bruise to see if it's still there.

I make plans. Things I'll do when I get to my destination and things I'll do when I get back from my trip. But more and more, I start to see the miracles, the stories that make up my life, and I am overwhelmed with gratitude and joy. You see, there have been periods in my life that I could view as wasted or bad personal decisions or just wrong. But on a good day, like today, I see all the life experiences that have shaped me into the person I am today.

And it is today that matters, isn't it? Just another day... another opportunity to feel, and think and share and be alive. I think that is a miracle... and I want a bunch more, don't you?

Prayer: Guide my words and thoughts and actions today. Help me be a blessing in someone's life today. May I continue to see the miracle of life around me. Amen.