

Weekly Meditation by Rev. Teri Lubbers

If You Want

If you want, the Virgin will come walking down the road pregnant with the holy, and say, "I need shelter for the night, please take me inside your heart, my time is so close." Then under the roof of your soul, you will witness the sublime intimacy, the divine, the Christ taking birth forever, as she grasps your hand for help, for each of us is the midwife of God, each of us. ~Poem by St. John of the Cross, translated by Daniel Ladinsky in "Love Poems From God."

Here we are again....at the beginning of the season of advent, that liturgical time of expectant waiting. We wait for the baby Jesus to be born, we wait for light to scatter the world's darkness, we wait for hope to dispel fear and doubt and cynicism. We wait...

I wonder if we realize that we are in the center of the advent story...that the story isn't just about angels and shepherds, wise men and Herod, baby Jesus and the manger. The story is also about us. It is about how we too can hear angels sing in the midst of our everyday chores, how we can trust the light to guide us to our purpose, how we can survive in the midst of challenge. Advent invites us to witness and experience the intimacy of God-with-us, Christ taking birth forever.

What is being birthed in you in this advent season? What are you helping to birth in others? I am a midwife of God. So are you...*if you want...*

Prayer: God, I offer you the shelter of my heart to be born anew in me and in the world. Amen.