Weekly Meditation- November 25, 2009 By Kathy Munn Thanksgiving For Life, Again

For those of you, like me, who have been around Agape' for a while, you will remember our Thanksgiving for Life celebrations here *(thanks, Jane R.)*. We used the Thanksgiving season to create panels to celebrate the lives of those who have gone on before us- those who now live on in our hearts and minds, if not in our physical world.

After their careful creation, the panels would be placed on banners (thanks, Jimmy M.) and we would bring them in during worship service where they would be hung on the walls surrounding us. Some years we might have two banners to add; some years we might have eight.

It always made me readjust my way of grieving, my way of appreciating, my way of remembering my dear ones. If we were still sewing panels today, I would make one for Fred Fowler, Agape's poet laureate, who died some years ago. He shared his passion for word-smithing by teaching a poetry workshop here. I attended those workshops and ran across one of my attempts at "smithing" just today:

LIFE QUILT

I am surrounded by the names Of my dead and loved ones

I did not know how It would make me feel

To take those panels of cloth And shape and name them you

You are my life's quilt My merit badges I can wrap myself up in you Or fold you up and go away

I think of you
I see your faces
I hear your voices
I remember

I am so thankful for my family- my parents, my sister and brother-in-law, my nieces, nephew and all the *grands*; and my Agape' family- you make my life so complete.