Weekly Meditation by Rev. Teri Lubbers

A Great Need

Out of a great need we all holding hands and climbing. Not loving is a letting go. Listen, the terrain around here is far too dangerous for that. ~ Hafiz

When we are children we are usually willing to the hold hands of the grown-ups in our lives, sometimes even the hands of friends. Sometimes it is our idea to hold hands, like when we are feeling uncertain or scared. Other times we feel we have to, like when it feels like danger is near. Holding hands keeps us safe. Holding hands reassures us and gives us confidence. Funny how when we grow up we can be so reluctant to ask for help or look needy. We get embarrassed to take someone's hand or let them hold ours.

Hafiz says that we hold hands out of a great need inside us. We need to love. We need to be loved. Think about taking hold of someone's hand this week and think about who is already holding yours. We are meant to keep climbing, but we aren't meant to go it alone.

Thank you again, Agape, for the wonderful send off. For the well wishes, cake, hugs, gifts and love offering. Thanks for all the times you have held my hand.

Prayer: Thank you God for never letting go of us. Help us to never stop loving and to never let go of you. Amen.