Agape' MCC

Worship Services will be streamed live beginning Sunday, March 22.

We are suspending open worship gatherings until further notice; your health and safety are important to us as we navigate COVID-19 as a community. Please join us via Facebook Live for Sunday worship services beginning at 10:30AM. Just go to the Agape' Facebook page and click on the live feed when it pops up. Facebook Live is interactive so feel free to post comments while we worship online together.

We invite you to celebrate Communion with us during the service by using your own "unique elements" as a symbol of our common union even with our social distance. You can use tea with toast, bread with grapes, crackers with juice or even coffee with donuts....it is up to you.

Please remember to support our faith community financially as you are able either via Zelle or Simple Give. Our expenses will decrease but not completely go away. Thank you in advance for your faithfulness, your gifts are greatly appreciated.

As a final reminder, even though we will not gather physically together for awhile, we are deeply and spiritually connected to each other. Stay in contact with each other, continue to support each other as you always have and hold each other close in prayer.

What can you do:

- Pray, Mediate and stay grounded
- Join us on Facebook live at 10:30 am on Sunday mornings
- Check on each other, call, MSG, or send a message on Facebook
- Send your prayer requests, our prayer warriors are ready and waiting to be in pray with vou
- Please continue to give as you are financially able via Zelle, Venmo, Simple Give or mail if necessary (We appreciate the opportunity to continue to serve our community.)
- Send prayers and support for your Pastor, Board Members and all Leaders as we make hard decisions about how to gather and support our community in times of uncertainty. Thank you for having our best interests at heart.
- Take breaks from news and/or social media
- Make life affirming healthy choices throughout your day. Listen to music you love, listen to
 positive podcasts, watch a heartwarming movie, read a book, take a walk, call a friend,
 ask for help and laugh. Self-care and Connection are key during these times.

We will be utilizing our Facebook page for daily information and updates as this uncertain time progresses. We will be reaching out to see how we can best be of service. We are committed to keeping the connections within our community strong and helping reduce the feelings of isolation and anxiety.

You are the beloved and together We are the church.

There are simple steps everyone can take to help prevent the spread of respiratory viruses like COVID-19:

- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Avoid close contact with people who are sick. Practice social distancing, the CDC recommends 6'.
- Stay home when you are sick.
- Clean and disinfect frequently touched objects and surfaces.

HELPFUL INFORMATION

TEXAS HEALTH AND HUMAN SERVICE COVID-19 / STATE HEALTH SERVICES DEDICATED WEBPAGE

https://www.dshs.texas.gov/coronavirus/

TEXAS HEALTH AND HUMAN SERVICES NEWS UPDATE https://www.dshs.texas.gov/news/updates.shtm#coronavirus