

Weekly Meditation by Rev. Teri Lubbers
December 23, 2009

Surrender

Surrender means saying, "Okay, God. I'll do whatever You want." Faith in the God of our recovery means we trust that, eventually, we'll like doing that.

~ Melody Beattie "The Language of Letting Go"

"God, I'll do whatever You want." Short, sweet, simple. An amazing source of freedom.

For you maybe. Not so much for me. I have a tendency to tack on addendums that begin with words like: if, but, when. *I'll do whatever You want if... I'll do whatever You want but... I'll do whatever you want when...* Sometimes I surrender with a heavy sigh, with reluctance and downcast heart that are really saying, "ok I'll do it if I have to." God's love for me may be boundless but my trust sometimes limps along.

Funny how we often talk about the unconditional love of God but not the unconditional surrender of our hearts to that Love. We are living contradictions. It's who we are. If we were to really taste and accept the true nature of God's love and Spirit's guidance – which are available to us every moment - we would be lining up to see what's coming next, eager to embark on the journey where Spirit leads, chomping at the bit to get started.

So even if some days we can't jump into the boat enthusiastically, we can still get into the boat. God carries us even when we are uncertain, hesitant or afraid. Even if we can't see the possibilities of the path ahead we can at least surrender to the possibility that such possibilities await us.

Prayer: Heart of my Heart, I surrender to the amazing love with which you surround me. I surrender to your guidance today. I believe you desire my good, even when it doesn't look like what I had hoped for or expected. I trust you with all the outcomes of my life. Amen.