

Weekly Meditation, March 3, 2010
By Rev. Teri Lubbers

From Confusion to Wonder

Yeshua says...If you are searching, you must not stop until you find. When you find, however, you will become troubled. Your confusion will give way to wonder. In wonder you will reign over all things. ~ Gospel of Thomas, Logion 2

We are all on a quest you know. And our hearts can't seem to rest until we find what we are looking for. But Jesus says finding is only the beginning. Even when we think we have found it, we still aren't satisfied, it still doesn't feel like enough. *Finding* seems to confirm our fears that we are separate from everything else, and lacking something, that we need something outside ourselves to feel whole. We search, we find, we are troubled.

But what if we could stay in the midst of the discomfort of being "troubled" without slipping away or looking for the quick fix? What if we just stayed present instead of running away? We might discover that something amazing happens. We might discover that when we are willing to sit with it, the sense of being troubled begins to dissipate, the fog of confusion begins to clear and what is left is wonder, mystery, awe - all things that aren't figure-out-able. That is the sweet spot...when we surrender to what's underneath all the busy-ness and frantic activity that we mistake for our lives. Wonder, mystery, awe. It's in wonder that we are found.

Prayer: God, help me to slow down and stay put long enough to reach that central core of wonder. Your wonder that pulses at the heart of everything. Amen.