

Weekly Meditation August 18, 2010
By Rev. Teri Lubbers

Possibility of Success

In my experience, the universe falls in with worthy plans and most especially with festive and expansive ones. I have seldom conceived a delicious plan without being given the means to accomplish it. Understand that the what must come before the how. First choose what you would do. The how usually falls into place of itself...The universe is prodigal in its support. We are miserly in what we accept. All gift horses are looked in the mouth and usually returned to sender. We say we are scared by failure, but what frightens us more is the possibility of success. ~Julia Cameron, "The Artist's Way"

Could it really be that simple? Really? You mean like "ask, and you shall receive?" Asking the universe, God, Jesus, Spirit, Divine (whatever name you use) for something in particular opens up a channel through which Divine creativity can flow. Think about how children play in water and sand. There might be a little "lake" of water but until you take your finger and carve a little canal in the sand the water can't flow anywhere. It just stays contained. Asking the universe for something is a little like a finger in the sand. It creates a path into which the request can flow. Intention is everything and – conscious or not – we are setting our intentions and sending them out every moment of every day. I imagine God as this giant lake being held back by a dam, just waiting, waiting for someone to open the floodgates. God is not stingy.

There are lots of ways to look a gift horse in the mouth. There's the "I don't deserve to have..." or "I couldn't possibly do..." or "I'm just not good at..." or "what would people think?" We have lots of excuses and reasons why we won't even imagine the possibilities. I think we frequently hide behind a mask of superficial modesty or humility which is really just a smokescreen for fear. At first it looks like we're being polite and letting everyone go first, but turns out we just aren't going anywhere ourselves. So dream big and come up with a delicious plan. Rumi has a great way of saying it: *Build the boat...there will be water to float it.*

Prayer: Lover of my soul, help me dream big without letting any of those "don't-be-silly" thoughts taking over. Help me to imagine the possibilities and then trust you to accomplish them through me. I can hardly wait to see what you will do next. Amen.