

Weekly Meditation by Rev. Teri Lubbers
May 4, 2011

So What?

It is enough to be what God wants us to be, rather than some perfect creature that God never had in mind. Suppose you were the most perfect being you could possibly imagine. So what? If you were not the person God had in mind at the moment of your creation, what good would it do you? It is also enough to do whatever it is that you can do, being who you are and where you are. Just do wholeheartedly what God is asking of you. ~ St. Francis de Sales, "Set Your Heart Free"

The true value of any perspective or idea we would entertain about ourselves or God is whether it can pass the "so what?" test. People have come up with some pretty complicated and often convoluted theology to explain God, the nature of human beings, and the world around us. But when all is said and done...if the ideas don't connect with the reality, so what? Are you being who you were made to be in the world? Do you honor your deepest self? Do you listen when Spirit whispers? Are you living your story or someone else's?

We are coming up on Mother's Day. Some of us grew up with mothers or grandmothers who wanted us to be perfect, who never wanted us to embarrass them, who wanted us to "look good" and behave in public. And although we probably tried, we never quite got the perfect thing nailed down; the truth is that perfection isn't an option available to us. On the other hand, some of us grew up with mothers or grandmothers (or maybe we found surrogates) who just thought we hung the moon. And when we were with them we felt whole and complete. They reminded us that we were enough; we felt fearless when we were well-loved.

We are not called to do what we cannot do. Only what we can do. We are called to be who we are, not someone else. We are called to live into what was in the mind of Creator God at the moment of our creation, and not pretend like we don't know what that is...

Prayer: Beloved, help me to trust the promptings of your Spirit. I am enough in you. Help me believe it, and believing, help me live into it. Amen.