

## Weekly Meditation by Rev. Teri Lubbers

### I Am So Thirsty

***Like a deer longing for clear, cool, running streams, I thirst for you, the living God. You are the deep desire of my whole being, I long for you with heart and soul, I yearn to see your face again, my God...the depths in me call out to touch the depths in you. ~ Psalm 42: 1, 2, 9, Translation by Lynn Bauman***

This psalm is one of my favorites because it speaks of a topic near and dear to my heart. It is about longing for God. It is about longing, and hunger and thirst...words with which mystics throughout all times and traditions are familiar. Longing. Longing for God, longing for wholeness, longing to catch a glimpse of the face of God, and longing to find who we are mirrored in that gaze. Hoping that what we feel in the deepest part of us will somehow connect with what is in the deepest part of God.

When Jesus said from the cross, "I am thirsty," he was. I think he was parched beyond imagination, and probably could barely speak. But in saying he was thirsty I think he desired more than just something to drink. He had lived his whole life taking a chance on this longing and hunger and thirst he felt for God. And here he was at the end – and not an easy end – still thirsty for God. I wonder if the words he had spoken to others came to him again: blessed are those who hunger and thirst for righteousness for they shall be filled...

Ultimately we are filled with what we most desire, and whatever we most treasure will finally capture our heart...

**Prayer: Holy One, I am thirsty for something that only you can give...let me settle for nothing less. Amen.**